



# Winter Session

## January 2 – March 2, 2019

85 North Main Street, Suite  
240 White River  
Junction, VT  
[www.ahayoga.com](http://www.ahayoga.com)

### Monday

9:00 -10:30 am	Iyengar - Level I & II	Kristin McGee
1:30 - 2:30 pm	Gentle Yoga	Kristin McGee
6:00 - 7:30 pm	Full Spectrum Yoga*	Jessie Eisendrath

\*Meets 1/21 - 2/11

### Tuesday

8:30 - 10:00 am	Kripalu - Moderate	Sue Kirincich
-----------------	--------------------	---------------

### Wednesday

8:30 - 10:00 am	Iyengar - Level I & II	Kerry Doyle
6:00 - 7:30 pm	Iyengar - Level II	Kristin McGee

### Thursday

9:00 -10:30 am	Iyengar - Level I	Kristin McGee
6:00 - 7:15 pm	Foundations of Iyengar Yoga	Kerry Doyle

### Friday

8:30 - 10:00 am	Healthy Hips Yoga*	Jessie Eisendrath
-----------------	--------------------	-------------------

\*Meets Jan 4 - Feb 15

1:30 - 2:30 pm	Gentle Yoga	Kerry Doyle
----------------	-------------	-------------

### Saturday

Check our website events & workshops!

### Sunday

9:00 -10:30 am	Iyengar - Level II	Kerry Doyle
10:45 am - 12:15 pm	Foundations of Iyengar Yoga	Kerry Doyle

**WINTER WEATHER:** In the event of inclement weather, please check the website for cancellations.

If you miss a class or a class is canceled due to weather conditions, you may make up that class by dropping in on another class. If you purchase Full Session pass and sign up for the next session, you may make up missed classes from a previous session.

Visit our website to view full details and class descriptions. Check out our most up-to-date schedule, learn more about our offerings, teacher's bios, and our studio.

In addition to ongoing classes, we offer workshops, private lessons.

### Pricing Options

**Full Session – 8 Classes**  
\$112 (good Jan 2 - March 2)

**5 Class Pass - \$80**  
(good for 10 weeks)

**Drop-ins - \$18**

**NEW – AUTO-Renew\***  
AUTO-Renew-5 Class (\$75)  
AUTO-Renew 10-Class (\$140)

Your class card renews every 2 months or when you use your last class, whichever comes first

\*Minimum commitment 2 renewals after initial purchase

**NEW STUDENT SPECIAL!**  
**Explorer Pass –\$30 for**  
Unlimited Classes (2 weeks)